

Essentials of Non-Alcoholic Fatty Liver Disease

Complications and
Extrahepatic Manifestations

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Ana Maria Singeap and Laura Huiban

16.1 Introduction

Nonalcoholic fatty liver disease (NAFLD) represents one of the main causes of chronic liver disease, which includes a wide spectrum from simple steatosis to advanced fibrosis, cirrhosis, and, eventually, even hepatocellular carcinoma. Evidence so far sustains a clear relationship between various endocrine dysfunctions and nonalcoholic fatty liver disease (Fig. 16.1). Endocrinopathies may be involved in the development and progression of NAFLD. Awareness, early diagnosis, appropriate surveillance, and treatment are mandatory for optimal patients' approach.

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